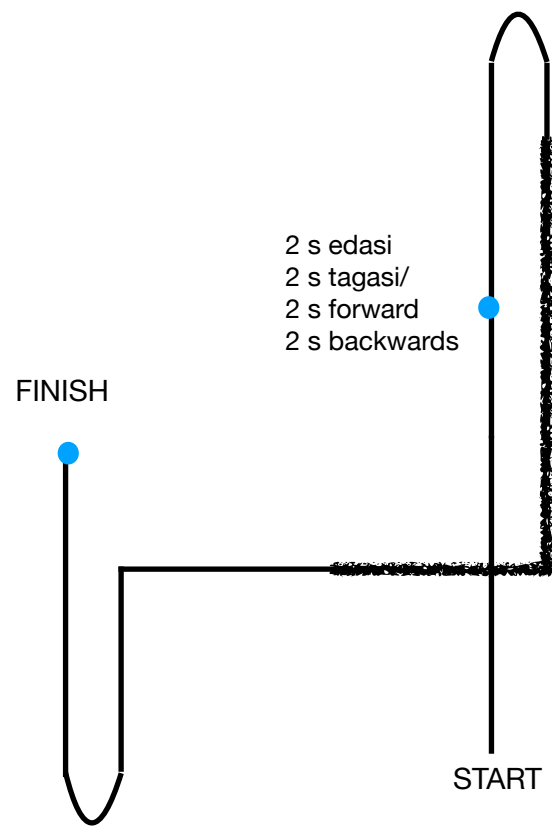


SK1/OB1



————— Normaaltempo/ Normal pace

————— Jooks/ Fast pace